

COMPETITION NIGHT PROGRAM B 2020/21

JUNIOR U7-U10 commencing 4.15pm

All athletes assemble directly to first event

U7 GIRLS	U7 BOYS	U8 GIRLS	U8 BOYS
100M SPRINT	100M SPRINT	SHOT PUT	LONG JUMP
500M PACK START	500M PACK START	100M SPRINT	100M SPRINT
50M SPRINT	50M SPRINT	400M	DISCUS
LONG JUMP	SHOT PUT	60M HURDLES	400M
			60M HURDLES
U9 GIRLS	U9 BOYS	U10 GIRLS	U10 BOYS
60M HURDLES	DISCUS <i>starts 4.15 sharp</i>	400M RUN	400M RUN
LONG JUMP	60M HURDLES	DISCUS	60M HURDLES
100M SPRINT	HIGH JUMP	60M HURDLES	SHOT PUT
DISCUS	100M SPRINT	LONG JUMP	HIGH JUMP
400M RUN	400M RUN	100M SPRINT	100M SPRINT

SENIOR U11-U17 commencing 6.15pm

All athletes assemble directly to first event

U11 GIRLS	U11 BOYS	U12 GIRLS	U12 BOYS
60M HURDLES	60M HURDLES	100M SPRINT	100M SPRINT
HIGH JUMP	DISCUS	80M HURDLES	LONG JUMP
400M RUN	400M RUN	LONG JUMP	80M HURDLES
100M SPRINT	LONG JUMP	400M RUN	DISCUS
	100M SPRINT		400M RUN
U13 GIRLS	U13 BOYS	U14 GIRLS/BOYS	U15/17 GIRLS/BOYS
800M RUN	SHOT PUT <i>6.15 start</i>	LONG JUMP <i>6.15 start</i>	HIGH JUMP <i>6.15 start</i>
100M SPRINT	800M RUN	400M RUN	SHOT PUT
80M HURDLES	100M SPRINT	DISCUS	400M RUN
SHOT PUT	80M HURDLES	100M SPRINTS	100M SPRINT
	HIGH JUMP	80M HURDLES	HURDLES