

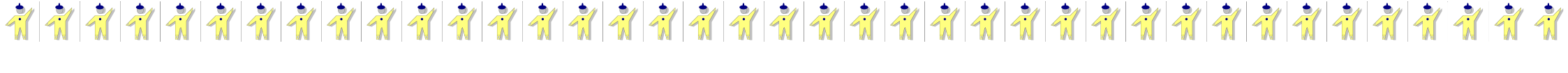


SENIOR LITTLE ATHLETICS

6:00 - 7:30PM

ROTATION WEEK 1 EVENTS

6.00pm ALL AGE GROUPS ASSEMBLE FOR ROLL CALL AT FIRST EVENT								
EVENT	100m	LONG JUMP	DISCUS	RACE SKILLS- 200m, 400m	HIGH JUMP	MIDDLE DISTANCE - 800m, 1500m	SHOT PUT	HURDLES
LOCATION	Sprint track	Long Jump pit	Discus ring	200m start on Centre track	High Jump	400m start on Centre track	Shot Put ring	Hurdles track
1 6:05	U14s to 17s	U11G	U10G	U12B	U10B	U13s	U11B	U12G
2 6:30	U12G	U14s to 17s	U11G	U10G	U12B	U10B	U13s	U11B
3 7:00	U11B	U12G	U14s to 17s	U11G	U10G	U12B	U10B	U13s
7.30	U10 & U11 TAKE ALL BELONGINGS AND MOVE TO PICK UP LOCATIONS TO WAIT FOR COLLECTION U12-17 DISMISSED FROM THE LAST EVENT WHEN THE SIREN SOUNDS AT 7.30PM ENSURE ALL BELONGINGS ARE COLLECTED AND MAINTAIN SOCIAL DISTANCE WHILE LEAVING THE MLA AREA PROMPTLY							





SENIOR LITTLE ATHLETICS

6:00 - 7:30PM

ROTATION WEEK 2 EVENTS

6.00pm ALL AGE GROUPS ASSEMBLE FOR ROLL CALL AT FIRST EVENT								
EVENT	100m	LONG JUMP	DISCUS	RACE SKILLS – 200m, 400m	HIGH JUMP	MIDDLE DISTANCE – 800m, 1500m	SHOT PUT	HURDLES
LOCATION	Sprint track	Long Jump pit	Discus ring	200m start on Centre track	High Jump	400m start on Centre track	Shot Put ring	Hurdles track
1 6.05	U13s	U11B	U12G	U14s to 17s	U11G	U10G	U12B	U10B
2 6:30	U10B	U13s	U11B	U12G	U14s to 17s	U11G	U10G	U12B
3 7:00	U12B	U10B	U13s	U11B	U12G	U14s to 17s	U11G	U10G
7.30	U10 & U11 TAKE ALL BELONGINGS AND MOVE TO PICK UP LOCATIONS TO WAIT FOR COLLECTION U12-17 DISMISSED FROM THE LAST EVENT WHEN THE SIREN SOUNDS AT 7.30PM ENSURE ALL BELONGINGS ARE COLLECTED AND MAINTAIN SOCIAL DISTANCE WHILE LEAVING THE MLA AREA PROMPTLY							





SENIOR LITTLE ATHLETICS

6:00 - 7:30PM

ROTATION WEEK 3 EVENTS

6.00pm ALL AGE GROUPS ASSEMBLE FOR ROLL CALL AT FIRST EVENT								
EVENT	100m	LONG JUMP	DISCUS	RACE SKILLS – 200m, 400m	HIGH JUMP	MIDDLE DISTANCE – 800m, 1500m	SHOT PUT	HURDLES
LOCATION	Sprint track	Long Jump pit	Discus ring	200m start on Centre track	High Jump	400m start on Centre track	Shot Put ring	Hurdles track
1 6.05	U10G	U12B	U10B	U13s	U11B	U12G	U14s to 17s	U11G
2 6:30	U11G	U10G	U12B	U10B	U13s	U11B	U12G	U14s to 17s
3 7:00	U14s to 17s	U13s	U11B	U12B	U12G	U10G	U11G	U10B
7.30	U10 & U11 TAKE ALL BELONGINGS AND MOVE TO PICK UP LOCATIONS TO WAIT FOR COLLECTION U12-17 DISMISSED FROM THE LAST EVENT WHEN THE SIREN SOUNDS AT 7.30PM ENSURE ALL BELONGINGS ARE COLLECTED AND MAINTAIN SOCIAL DISTANCE WHILE LEAVING THE MLA AREA PROMPTLY							

