**JUNIOR LITTLE ATHLETICS**

**4:15 - 5:45PM**

**ROTATION WEEK 3 EVENTS**

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| **4.15pm U7-U9 AGE GROUPS ASSEMBLE FOR ROLL CALL AT FIRST EVENT, U6s AT SPRINTS** |
| EVENT | 100m  | LONG JUMP  | DISCUS | RACE SKILLS | HIGH JUMP | MIDDLEDISTANCE | SHOT PUT | HURDLES |
| **LOCATION** | **Sprint track** | **Long Jump pit** | **Discus ring** | **200m start on Centre track** | **High Jump**  | **400m start on Centre track** | **Shot Put ring** | **Hurdles track** |
| 14.20 | U7G | U7B | U8G | U8B | U9G | U9B | U6G | U6B |
| 24:45 | U6B | U7G | U7B | U8G | U8B | U9G | U9B | U6G |
| 35:15 | U7B | U8G | U6B | U6G | U9B | U8B | U7G | U9G |
| 5.45 | **ALL AGE GROUPS WAIT FOR PARENT/CARER PICK-UP AT LAST EVENT, AGE MGR MARKS ROLL TO CONFIRM PICK-UP****ENSURE ALL BELONGINGS ARE TAKEN BY ATHLETES** |

**SENIOR LITTLE ATHLETICS**

**6:00 - 7:30PM**

**ROTATION WEEK 3 EVENTS**

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| **6.00pm ALL AGE GROUPS ASSEMBLE FOR ROLL CALL AT FIRST EVENT** |
| EVENT | 100m  | LONG JUMP  | DISCUS | RACE SKILLS – 200m, 400m | HIGH JUMP | MIDDLEDISTANCE– 800m, 1500m | SHOT PUT | HURDLES |
| **LOCATION** | **Sprint track** | **Long Jump pit** | **Discus ring** | **200m start on Centre track** | **High Jump**  | **400m start on Centre track** | **Shot Put ring** | **Hurdles track** |
| 16.05 | U10G | U12B | U10B | U13s | U11B | U12G | U14s to 17s | U11G |
| 26:30 | U11G | U10G | U12B | U10B | U13s | U11B | U12G | U14s to 17s |
| 37:00 | U14s to 17s | U13s | U11B | U12B | U12G | U10G | U11G | U10B |
| 7.30 | **U10 & U11 WAIT FOR PARENT/CARER PICK-UP AT LAST EVENT, AGE MGR MARKS ROLL TO CONFIRM PICK-UP****U12-17 DISMISSED FROM THE LAST EVENT WHEN THE SIREN SOUNDS AT 7.30PM** **ENSURE ALL BELONGINGS ARE TAKEN BY ATHLETES** |