**SENIOR LITTLE ATHLETICS**

**6:00 - 7:30PM**

**ROTATION WEEK 1 EVENTS**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **6.00pm ALL AGE GROUPS ASSEMBLE FOR ROLL CALL AT FIRST EVENT** | | | | | | | | |
| EVENT | 100m | LONG JUMP | DISCUS | RACE SKILLS– 200m, 400m | HIGH JUMP | MIDDLE  DISTANCE  – 800m, 1500m | SHOT PUT | HURDLES |
| **LOCATION** | **Sprint track** | **Long Jump pit** | **Discus ring** | **200m start on Centre track** | **High Jump** | **400m start on Centre track** | **Shot Put ring** | **Hurdles track** |
| 1  6.05 | U14s to 17s | U11G | U10G | U12B | U10B | U13s | U11B | U12G |
| 2  6:30 | U12G | U14s to 17s | U11G | U10G | U12B | U10B | U13s | U11B |
| 3  7:00 | U11B | U12G | U14s to 17s | U11G | U10G | U12B | U10B | U13s |
| 7.30 | **U10 & U11 WAIT FOR PARENT/CARER PICK-UP AT LAST EVENT, AGE MGR MARKS ROLL TO CONFIRM PICK-UP**  **U12-17 DISMISSED FROM THE LAST EVENT WHEN THE SIREN SOUNDS AT 7.30PM**  **ENSURE ALL BELONGINGS ARE TAKEN BY ATHLETES** | | | | | | | |

**SENIOR LITTLE ATHLETICS**

**6:00 - 7:30PM**

**ROTATION WEEK 2 EVENTS**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **6.00pm ALL AGE GROUPS ASSEMBLE FOR ROLL CALL AT FIRST EVENT** | | | | | | | | |
| EVENT | 100m | LONG JUMP | DISCUS | RACE SKILLS – 200m, 400m | HIGH JUMP | MIDDLE  DISTANCE  – 800m, 1500m | SHOT PUT | HURDLES |
| **LOCATION** | **Sprint track** | **Long Jump pit** | **Discus ring** | **200m start on Centre track** | **High Jump** | **400m start on Centre track** | **Shot Put ring** | **Hurdles track** |
| 1  6.05 | U13s | U11B | U12G | U14s to 17s | U11G | U10G | U12B | U10B |
| 2  6:30 | U10B | U13s | U11B | U12G | U14s to 17s | U11G | U10G | U12B |
| 3  7:00 | U12B | U10B | U13s | U11B | U12G | U14s to 17s | U11G | U10G |
| 7.30 | **U10 & U11 WAIT FOR PARENT/CARER PICK-UP AT LAST EVENT, AGE MGR MARKS ROLL TO CONFIRM PICK-UP**  **U12-17 DISMISSED FROM THE LAST EVENT WHEN THE SIREN SOUNDS AT 7.30PM**  **ENSURE ALL BELONGINGS ARE TAKEN BY ATHLETES** | | | | | | | |

**SENIOR LITTLE ATHLETICS**

**6:00 - 7:30PM**

**ROTATION WEEK 3 EVENTS**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **6.00pm ALL AGE GROUPS ASSEMBLE FOR ROLL CALL AT FIRST EVENT** | | | | | | | | |
| EVENT | 100m | LONG JUMP | DISCUS | RACE SKILLS – 200m, 400m | HIGH JUMP | MIDDLE  DISTANCE  – 800m, 1500m | SHOT PUT | HURDLES |
| **LOCATION** | **Sprint track** | **Long Jump pit** | **Discus ring** | **200m start on Centre track** | **High Jump** | **400m start on Centre track** | **Shot Put ring** | **Hurdles track** |
| 1  6.05 | U10G | U12B | U10B | U13s | U11B | U12G | U14s to 17s | U11G |
| 2  6:30 | U11G | U10G | U12B | U10B | U13s | U11B | U12G | U14s to 17s |
| 3  7:00 | U14s to 17s | U13s | U11B | U12B | U12G | U10G | U11G | U10B |
| 7.30 | **U10 & U11 WAIT FOR PARENT/CARER PICK-UP AT LAST EVENT, AGE MGR MARKS ROLL TO CONFIRM PICK-UP**  **U12-17 DISMISSED FROM THE LAST EVENT WHEN THE SIREN SOUNDS AT 7.30PM**  **ENSURE ALL BELONGINGS ARE TAKEN BY ATHLETES** | | | | | | | |