**LITTLE A’S SESSION**

**4:15 - 5:40PM**

**ROTATION WEEK 1 EVENTS**

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| **4.15pm U7-U9 AGE GROUPS ASSEMBLE FOR ROLL CALL AT FIRST EVENT, U6s AT SPRINTS** | | | | | | | | |
| EVENT | 100m | LONG JUMP | DISCUS | RACE SKILLS | HIGH JUMP | MIDDLE  DISTANCE | SHOT PUT | HURDLES |
| **LOCATION** | **Sprint track** | **Long Jump pit** | **Discus ring** | **200m start on Centre track** | **High Jump** | **400m start on Centre track** | **Shot Put ring** | **Hurdles track** |
| 1  4.20 | U6G | U6B | U7G | U7B | U8G | U8B | U9G | U9B |
| 2  4:45 | U9B | U6G | U6B | U7G | U7B | U8G | U8B | U9G |
| 3  5:10 | U9G | U9B | U6G | U6B | U7G | U7B | U8G | U8B |
| 5.40 | **ALL AGE GROUPS WAIT FOR PARENT/CARER PICK-UP AT LAST EVENT, AGE MGR MARKS ROLL TO CONFIRM PICK-UP**  **ENSURE ALL BELONGINGS ARE TAKEN BY ATHLETES** | | | | | | | |

**JUNIOR ATHLETICS SESSION**

**5:50 - 7:15PM**

**ROTATION WEEK 1 EVENTS**

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| **5.50pm ALL AGE GROUPS ASSEMBLE FOR ROLL CALL AT FIRST EVENT** | | | | | | | | |
| EVENT | 100m | LONG JUMP | DISCUS | RACE SKILLS– 200m, 400m | HIGH JUMP | MIDDLE  DISTANCE  – 800m, 1500m | SHOT PUT | HURDLES |
| **LOCATION** | **Sprint track** | **Long Jump pit** | **Discus ring** | **200m start on Centre track** | **High Jump** | **400m start on Centre track** | **Shot Put ring** | **Hurdles track** |
| 1  5.55 | U15s | U11G | U10G | U12B | U10B | U14s | U11B | U12G |
| 2  6:20 | U12G | U15s | U11G | U10G | U12B | U10B | U14s | U11B |
| 3  6:45 | U11B | U12G | U15s | U11G | U10G | U12B | U10B | U14s |
| 7.15 | **U10 & U11 WAIT FOR PARENT/CARER PICK-UP AT LAST EVENT, AGE MGR MARKS ROLL TO CONFIRM PICK-UP**  **U12-15 DISMISSED FROM THE LAST EVENT WHEN THE SIREN SOUNDS AT 7.15PM**  **ENSURE ALL BELONGINGS ARE TAKEN BY ATHLETES** | | | | | | | |