



PARENT DUTIES at ZONE CHAMPIONSHIPS

Parent duty is critical to the running of this carnival and events cannot go ahead without parents carrying out the duties. We appreciate your help!

THERE IS NO OPTION TO PULL OUT OF PARENT DUTY, EVEN IF YOUR ATHLETE IS WITHDRAWN.

When it is time for your parent duty, you must have your name marked off by the Mosman Team Manager and collect a Mosman lanyard. Please ensure you arrive in plenty of time prior to your shift to have your name signed off, collect the lanyard and get to your allocated area.

While you are on duty, you are not allowed to coach, encourage, cheer for or comment on any athlete in any event, particularly not your own child. At the end of your duty please return the lanyard to the Mosman Team Manager.

A few more specifics:

Long Jump, Discus and High Jump Duty: Parents rostered on to high jump, long jump or discus must listen for the first marshalling call for their event age group. Once parents have heard the first marshalling call, they should obtain a lanyard from the Mosman Team Manager and then report to the event area. You will be required to remain on duty at the event until the entire event has completed. For throwing events; walk backwards away from throwers so you always know what is happening.

Triple Jump Duty: Parents rostered on to triple jump must listen for the first marshalling call for their FIRST event age group. Once parents have heard the first marshalling call, they should obtain a lanyard from the Mosman Team Manager and then report to the event area. You will be required to remain on duty at the event until the entire second age group's event has been completed.

Computer/Results Tent Helper Duty: Parents assisting the Chief Recorder/IT in the computer tent should obtain a lanyard from the Mosman Team Manager and then report to the Computer/Results Tent before the start of your duty timeslot.

It is a requirement of LANSW that all parent helpers MUST wear closed in shoes for the duration of their duty - no sandals or thongs!